

Sample of Lilly Walters eBook

1001 Ideas to Paint on Fabric

Plus Tips, Techniques and Tools

9 random pages from the over 60 page ebook,
which contains over 150 detailed color photos
and illustrations.

To order immediately the downloadable full
version of the ebook,
or the CD which we will mail to you and
includes patterns and video clips

www.paintonfabric.com/order.html

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Sample pages from the ebook follow

Full size patterns can be downloaded at our website, or come
with the CD.

Introduction



With just a little paint and this eBook I will tell you how to...

- ✓ Paint on fabrics, especially cotton, and cotton blended garments. See your tee shirts, jeans, hats, pillow cases, sheets, table clothes, even sports bras be reborn with fabulous fun!
- ✓ Get specific tips on painting certain flowers, butterflies, palm trees and more!
- ✓ Learn how to cut and tear apart men's tee shirts to make pretty ladies wear.
- ✓ Tips to create your own patterns and designs!
- ✓ Pull a fabric pattern from almost anything: a pretty: pillow, wall paper, a photograph!
- ✓ Use any pattern from any book and transfer it onto your fabric project.

On the CD version, is the *1001 Ideas to Paint on Fabric* ebook, video clips done in short 1 – 3 minute segments, plus hundreds of patterns with full size color close up photos with details.

There is an index at the back of the book with photos of the completed patterns. Also on the CD are folders with the more photos of each project, and the patterns.



Supply List and Overview of Materials

Fabric Painting Supply List

It is very frustrating to get part way through a project and find you are missing something vital. Make up a checklist. Check it before you start. Here is mine.

- ✓ **Fabric Paints:** Check you have enough of your favorite types and colors.
- ✓ **Textile Medium:** Turn your good old acrylic paints into fabric paints by mixing medium with normal paint. This creates flexible, washable paint.
- ✓ **Fabric Brushes:** Synthetic fabric brushes come in all sizes. I also use normal brushes, but the fabric paint tends to ruin my normal brushes for normal painting. Can't seem to get them clean.
- ✓ **Glitter and Gems:** Everything looks better with *bling!*
- ✓ **Sponges:** These are great to put paint on fast over large areas.
- ✓ **Design/Pattern:** How will you get your pattern onto your garment? Stencils, patterns, iron-on transfers & worksheets, freehand?
- ✓ **Transfer aids:** whatever you need if you are using an iron-on transfer. See that section in this book.
- ✓ **Transparency Sheets:** To help make patterns from other items.
- ✓ **Fabric Painting Board:** Something waterproof to on which you can tape or pin the fabric tight.
- ✓ **Large Tape:** Blue Painters Tape will hold the fabric in place on the board. It also can be used to protect areas on which you don't want paint splattered.
- ✓ **Pins or Clothespins:** Straight pins, large clothespins or clips may also be used to secure fabric.
- ✓ **Spray Bottle:** With fresh water and a tablespoon of plain clear vinegar. This keeps your water smelling fresh and bacteria free.
- ✓ **Vanishing Fabric Marker:** To sketch out where you want your design to go. See the sewing section of your craft store. They come in two colors, a light maker to use for dark fabric, a dark marker to use on light fabric.
- ✓ **Water Container:** For rinsing brushes in clean water.
- ✓ **Paint Palette:** Something to hold the paint. Foam plates are ideal for holding paint while working.
- ✓ **Vinegar:** Plain distilled, to set the color when you wash your garment, and to put in your spray water bottle.
- ✓ **Blow Dryer:** If you use too much water, it is handy to dry it out a bit. Besides, it helps set the paint on areas that are hard to iron.
- ✓ **Roll of Paper Towels:** to blot excess water when you spray the garment and to remove excess water from brushes.
- ✓ **Iron, ironing board, and old pillow case or piece of old sheet:** You need something to put over your garment to protect it when you iron. This will quickly be destroyed as the bits of paint and glitter get on it. An old sheet can be cut into ironing board size segments.

Tips On Working With Patterns

The Patterns

I have created the patterns in 8 ½ x 11 sections so you can print them easily on your printer. Use them as is, or print out several and cut them up into an entirely new pattern!

There are patterns in each folder for the various designs. Most have line drawings as well as color photos of the item laid right onto a copy machine so you can use it as a pattern as well.



Use the line drawings for heat transfers. Do not use the color photos for heat transfers.

IDEA! use a photo editing software on your computer to cut them up and paste from my patterns to make up your own.

Resizing Your Paint Pattern

You can make copies of anything and make a copy from it – as long you are not going to sell it. Perhaps you have something in your home with a pretty design: a pillow, a book cover, the pattern on a piece of fabric.

First, you need to get it into the right size. Take measurements of the original and of the area you want your painted image to fill. Example: you have a photo of a rose. The image of the rose itself in the photo is 3 inches tall. You want to recreate it on a tee shirt, with the rose being 9 inches. So, you divide your final size by the original size: 9 divided by 3, is 3. You move the decimal point over to the right two places to get the percentage. You need to have it reproduced at 300%. Another example: if your original image was 20 inches, and you want it on the pattern to be 8 inches, take the final size, 8, divided by original size, 20, which equals 0.4. Move the decimal point over two places, and you get 40%. Now you need to get a paper copy made in the correct size.

You might be able to take your original image to your own computer and scan it in. Then you can print it out again in the right size. If it is too big to fit on your scanner, you can also try scanning it in sections, then piecing it together in your photo editing software.

It is not expensive to take your original to a good copy center. They take tiny things and can make you a copy blown up to fit. Or, they take big things and copy them down to your needed smaller size. They can print things out on big poster size paper, which you can use as a pattern for your bigger projects. Ask for the copies in black and white and ask them to lighten it up, this makes it look more like a paint pattern. Also, ask for at least 3 copies in your perfect size. That way you don't need to go back if you mess one up.

Once you have this copy in the right size, you

might be able to just use this as your pattern. If not, tape it down, and place see through paper on top of it. Start tracing! You only need simple outlines for a paint pattern. Just trace the outlines, and a bit of inside details.

Consider creating your pattern in 8 ½ x 11 sections so you can scan it onto your own computer. If not, you can also take your pattern back to the copy center to make a few copies of your made. This time ask them to darken it.



Tips and Photos for Flowers, Trees, Butterflies and More!

Daisies



Use a large flat brush, load it with paint, and stand it upright - straight up and down. Place it at the end of the petal, and pull it towards the base.

Use a scruffy for the middle. Light yellows in the middle, darker at the edges. I accent the centers with metallic gold, and a few spots of glitter gold

Outline the finished petals and leaves.



If you are painting on a dark fabric, a lighter flower and leaves will show up better.



Notice how the side view, and partially open flowers in the photo on the bottom right are created



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